

## DAY 25: REFLECTION

You are more than half-way through. Today you need to refresh your batteries.

### **WE DARE YOU TO...**

Watch your favorite inspirational movie. If you don't have one, some suggestions are:

Radio  
Rudy  
Pay it Forward  
Groundhog's Day

*"Try not to lose yourself in the need to constantly serve others. Remember that selflessness is serving others' needs, not all their wants. Please, also remember that it is important to demonstrate love for yourself, as well. Be comfortable with the fact that you have your own needs, too...and sometimes you might have to call on others to demonstrate love and selflessness to you in return."*

- Sue Dunfield



# INSPIRE

FIND OR WATCH YOUR FAVORITE INSPIRATIONAL ONLINE VIDEO CLIP.  
THINK ABOUT WHY THE CLIP INSPIRES YOU AND BRING  
TO THE NEXT CLASS TO SHARE WITH



DAY 25 INSPIRE