

DAY 30: REFLECTION

"I am only one, but I am one.
I can't do everything, but I can do something.
What I can do, I ought to do.
What I ought to do, by the grace of God, I will do."
- Everett Hale

WE DARE YOU TO...

Reflect today on all you have accomplished.

What positive things have come out of your actions over the last 30 days?

What have you done over the last 30 days that you are most proud of?

*"The pursuit of excellence is healthy and gratifying.
The pursuit of perfection is frustrating and neurotic. It is also a terrible waste of time."
- Unknown*





Reflection day

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