

CIRCLE OF LIFE

- **1.** Read columns of words **horizontally**. (Use a ruler or a piece of paper)
- **2.** Give numerical priority to words which describe you by going across (4=Most like you 1=Least like you)
- **3.** Use each number only **once** per row, eg.:

2 Accurate

1 Patient

3 Gregarious

4 Direct



___ Accurate	___ Patient	___ Gregarious	___ Direct
___ Systematic	___ Loyal	___ Persuasive	___ Daring
___ Aloof	___ Passive	___ Impulsive	___ Stubborn
___ Mature	___ Stable	___ Confident	___ Self-reliant
___ Conventional	___ Serene	___ Self-promoting	___ Forceful
___ Restrained	___ Even tempered	___ Charming	___ Quick
___ Practical	___ Predictable	___ Emotional	___ Bold
___ Competent	___ Intelligent	___ Colorful	___ Creative
___ Devout	___ Evaluative	___ Passionate	___ Risk taker
___ Humble	___ Gentle	___ Optimistic	___ Self-directed
___ Perfectionist	___ Easy mark	___ Talkative	___ Impatient
___ Law abiding	___ Good listener	___ High spirited	___ Outspoken
___ Respectful	___ Content	___ Playful	___ Experimental
___ Obliging	___ Neighborly	___ Popular	___ Restless
___ Cautious	___ Moderate	___ Good Mixer	___ Competitive

GREEN TOTAL: _____

BLUE TOTAL: _____

YELLOW TOTAL: _____

RED TOTAL: _____



CIRCLE OF LIFE

GREEN BLUE YELLOW RED

Over
50

45-49

40-44

35-39

30-34

25-29

Less than
25

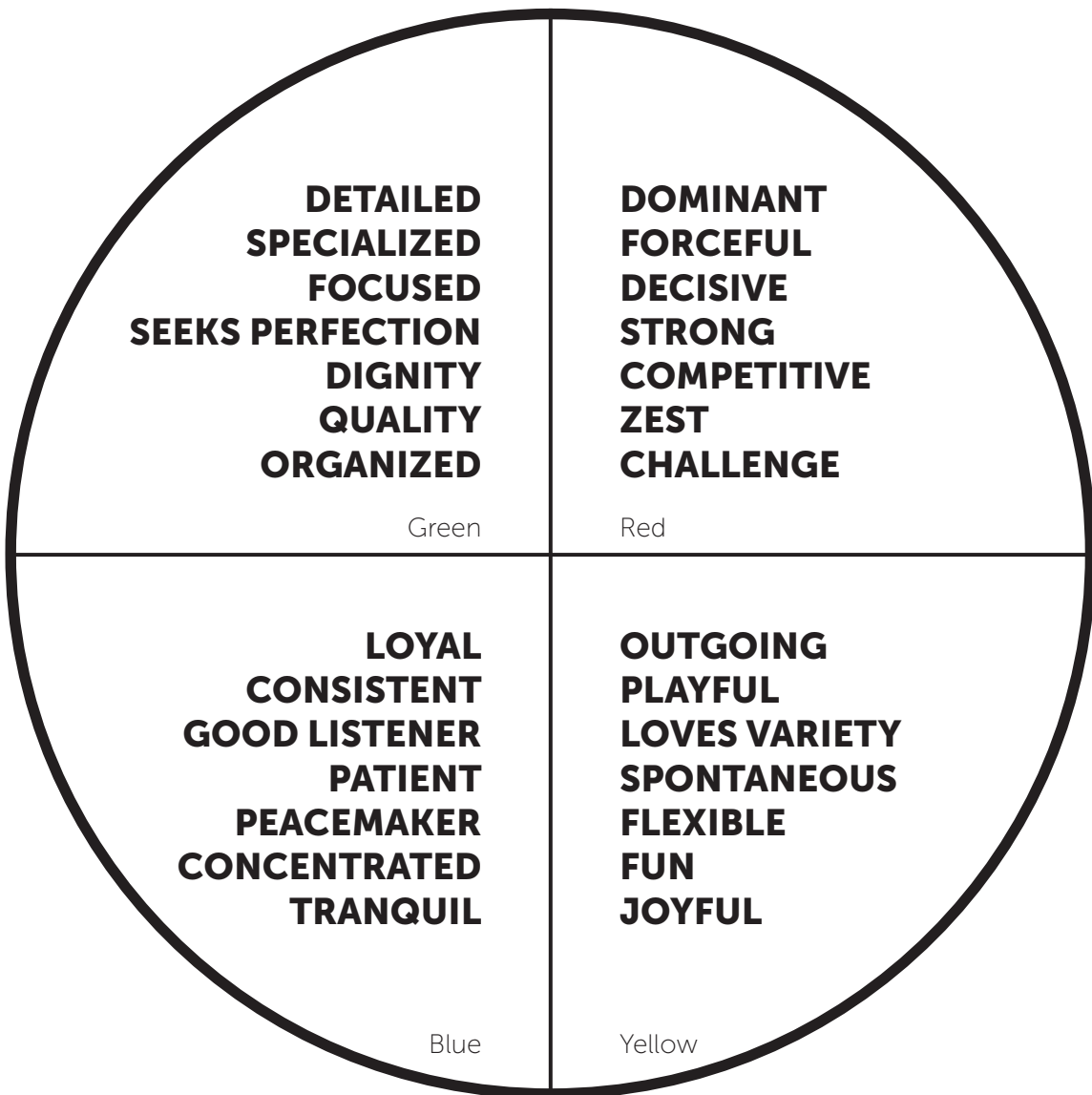


CIRCLE OF LIFE

accurate: making few or no errors	cautious: exhibiting caution	gregarious: sociable; outgoing	direct: to regulate or control
systematic: consisting or relating to a system	patient: capable of calmly waiting	persuasive: able to persuade	daring: willing to engage in adventures
aloof: at a distance; apart from others	loyal: faithful to one's trust	impulsive: to act on impulse, without much thought	stubborn: difficult to overcome
mature: having reached full growth	passive: not taking part	confident: having self-esteem self-promoting:	forceful: full of force; powerful
conventional: using old practices; not new or original	stable: reliable; consistent; predictable	putting oneself up	quick: done promptly
restrained: held back from acting	serene: peaceful; calm; tranquil	charming: enchanting; captivating	bold: having courage; fearless
practical: using logic and thoughtfulness to get things done	even-tempered: not easily disturbed	emotional: characterized by emotion	creative: having power to create
competent: having ability; capable	predictable: to announce or declare beforehand	colorful: rich in color	risk taker: daring, willing to make bold choices
devout: devoted to worship or prayer	intelligent: smart; having intelligence	passionate: having intense feelings; ardent	self-directed: able to make decisions for oneself
humble: not proud	evaluative: judgmental	optimistic: thinking things will turn out	impatient: intolerant; easily irritated
perfectionist: person who demands high standards	gentle: nice; kind in manner	talkative: given to talking a great deal	outspoken: open or unreserved in speech
law-abiding: obedient to the law	easy mark: easily fooled	high spirited: having a proud, fiery spirit	experimental: willing to try new, unusual, untested things
respectful: showing respect	good listener: being able to listen well	playful: spirited, full of fun	restless: unable to stay put
obliging: willing to do favors	content: happy with what's going on	popular: generally liked; admired	competitive: really wants to win; enjoys challenge
	neighborly: friendly; sociable	good mixer: works easily with others; sociable	
	moderate: within reasonable limits		



CIRCLE OF LIFE



CIRCLE OF LIFE

BLUE - STEADY // SUPPORTER, AMIABLE, RELATER, FEELER

LOYAL, CONSISTENT, GOOD LISTENER, PATIENT, PEACEMAKER, CONCENTRATES ON TASK, TRANQUIL.

- **STRENGTHS:** Well balanced, good with people and tasks, keeps the status quo, dependable, understanding, gets the job done.
- **OVERUSE:** May be oversensitive, possessive, resentful.
- **FEAR:** Confrontation and sudden change.
- **IRRITATED BY:** Insensitivity, impatience.
- **SUPPORT THEIR:** Feelings.
- **YOU SHOULD:** Take time to build their trust.
- **THEY LIKE:** To be helpful.



CIRCLE OF LIFE

GREEN - COMPREHENDING // ANALYTICAL, COMPLIANT, THINKER
DETAILED, SPECIALIZED, FOCUSED, SEEKS PERFECTION, DIGNITY, QUALITY, ORGANIZED

- **STRENGTHS:** Precise, efficient, handles details others consider boring.
- **OVERUSE:** May appear cool and impersonal, emphasis on facts before feelings, nit-picking, slow to deliver product.
- **FEAR:** Embarrassment, appearing incompetent.
- **IRRITATED BY:** Surprises, unpredictability.
- **SUPPORT THEIR:** Organized, thoughtful approach.
- **YOU SHOULD:** Be accurate and precise with them.
- **THEY LIKE:** Detail and precision.



CIRCLE OF LIFE

RED - DOMINANT // CONTROLLER, DRIVER, DIRECTOR, SENSOR
FORCEFUL, DECISIVE, STRONG, COMPETITIVE, ZEST, CHALLENGE

- **STRENGTHS:** Direct, assertive, big picture, bottom-line, accomplishes a lot quickly, loves challenge/change.
- **OVERUSE:** Can appear abrasive and intensive.
- **FEAR:** Loss of control, being taken advantage of.
- **IRRITATED BY:** Inefficiency, indecision.
- **SUPPORT THEIR:** Goals and objectives.
- **YOU SHOULD:** Get to the point!
- **THEY LIKE:** Being in charge.



CIRCLE OF LIFE

YELLOW - INFLUENCING // ENTERTAINER, EXPRESSIVE, PROMOTER, SOCIALIZER
PLAYFUL, LOVES VARIETY, SPONTANEOUS, FLEXIBLE, FUN, JOYFUL

- **STRENGTHS:** Enthusiastic, playful nature, fun to be with, wins people over, adaptable to change, dependable, sees the big picture.
- **OVERUSE:** May come on too strong, appears artificial, unpredictable, lacks seriousness, bored by detail, disorganized, too trusting.
- **FEAR:** Loss of prestige or approval.
- **IRRITATED BY:** Inflexibility, routine.
- **SUPPORT THEIR:** Ideas, opinions, dreams.
- **YOU SHOULD:** Let them talk!
- **THEY LIKE:** The spotlight.



CIRCLE OF LIFE - NOW WHAT?

Now that you know some of your most significant personality characteristics, so what?

- What did the activity determine that you do well?

- Was is accurate? Give an example.

- What did the activity determine that you don't do well?

- Was is accurate? Give an example.

**** Now find a partner that does not have the same characteristics as you. Discuss the following questions:**

- If you were teammates, what would you each need from the other?
- If you were friends working together on a project, what things might the two of you need help with?
- Which type of person do you find it most easy to work with? Why do you suppose this is so?
- Which type of person do you find it hardest to work with? Why do you suppose this is so?
- Based on your knowledge, which type of personality would you most like to work? How do you suppose you would be successful?

